

# INGREDIENT GUIDE

MEAT	
Bacon	Bacon Cured With: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite
Hamburger Patty	100% Beef
Hot Dog	Beef, Water, Salt, Spices (contains Mustard), Sodium Lactate, Paprika, Hydrolyzed Soy Protein, Garlic Powder, Sodium Diacetate, Sodium Erythorbate, Flavour, Sodium Nitrate, Smoke Flavour. Contains: Mustard, Soy
BUN	
Five Guys Bun	Our bread is a proprietary recipe. The primary ingredients are: Water, Salt, Sugar, Vegetable Shortening. Contains: Soy, Milk, Eggs, Bleached Bread Flour (Wheat), Yeast, Sesame Seeds
FRIES	
Cajun Style	Potatoes, Refined Peanut Oil, Salt, Cajun Seasoning: Blend of Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Red Pepper, Spice
Five Guys Style	Potatoes, Refined Peanut Oil, Salt
TOPPINGS	
A.1.® Sauce	Malt Vinegar, Tomato Paste, Sugar, White Vinegar, Water, Modified Corn Starch, Salt, Orange Juice Concentrate, Raisin Juice Concentrate, Blackstrap Molasses, Spices, Caramel
Bacon*	Cured With: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite
Bar-B-Q Sauce	Tomato Paste, Glucose-Fructose, Glucose Syrup, Water, Vinegar, Fancy Molasses, Salt, Mustard Bran, Natural Hickory Smoke Flavour, Spices, Onion Powder, Sodium Benzoate, Garlic Powder, Caramel Colour, Sugar and Natural Flavours. Contains: Mustard
Cheese*	Milk, Whey, Milkfat, Milk Protein Concentrate, Salt, Calcium Phosphate, Sodium Citrate, Whey Protein Concentrate, Sodium Phosphate, Sorbic Acid As A Preservative, Apocarotenal (Color), Annatto (Color), Enzymes, Vitamin D3, Cheese Culture. (Contains: Milk)
Green Peppers	Fresh Green Peppers
Grilled Mushrooms	Mushrooms, Water, Cane Sugar, Bisulfate of Soda, Ascorbic Acid, Sodium Benzoate, Potassium Sorbate. [sautéed on grill]
Grilled Onions	Fresh Onions [sautéed on grill]
Hot Sauce	Aged Cayenne Red Peppers, Vinegar, Water, Salt and Garlic Powder
Jalapeño Peppers	Fresh Jalapeño Peppers
Ketchup	Tomato Paste (Made From Fresh, Rip Tomatoes) Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices
Lettuce	Fresh Lettuce
Mayo	Soybean Oil, Frozen Egg Yolks, Water, Glucose-Fructose, Vinegar, Salt, Mustard, Calcium Disodium EDTA (To Preserve Freshness). Contains: Egg, Mustard
Mustard	Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavors, Garlic Powder. Contains: Mustard
Onions	Fresh Onions
Pickles	Fresh Cucumbers, Water, White Vinegar, Salt, Calcium Chloride, Sodium Benzoate (Preservative), Spices, Turmeric, Polysorbate 80
Relish	Pickles (Cucumbers, Water, Salt, White Vinegar, Calcium Chloride), Glucose-Fructose, Cabbage, White Vinegar, Dextrose, Alum, Xanthan Gum, Locust Bean & Guar Gums, Sodium Benzoate, Potassium Sorbate, Natural Flavor, Dehydrated Red Peppers, Colour, Turmeric, Polysorbate 80
Tomatoes	Fresh Tomatoes
OTHER ITEMS	
Bulk Peanuts	Peanuts Roasted with Salt Solution
Malt Vinegar	Malt Vinegar (Barley, Corn Malt); Diluted with water to 5% acidity
Peanut Oil	Peanut Oil with Citric Acid added as a preservative and Dimethylpolysiloxane added as an anti-foaming agent
Poutine Curds	Pasteurized Milk, Modified Milk Ingredients, Salt, Bacterial Culture, Calcium Chloride, Microbial Enzyme. Contains: Milk
Poutine Gravy	Modified Corn Starch, Hydrolyzed Soy Proteins, Wheat Flour, Salt, Sugar, Palm Oil, Corn Starch, Monosodium Glutamate, Dehydrated Vegetables (Onion, Garlic), Maltodextrine, Corn Syrup Solids, Colour, Disodium Inosinate, Disodium Guanylate, Soy Lecithin, Spices, Natural Flavor, Locust Bean, Guar Gum and Sulphites. Contains: Wheat, Soy, Sulphites
White Vinegar	5% acetic acid by volume

# ALLERGEN GUIDE

	MILK	EGGS	WHEAT & GLUTEN	SOY	PEANUT
MEAT					
Bacon					
Hamburger Patty					
Hot Dog				✓	
BUN					
Five Guys Bun	✓	✓	✓	✓	
FRIES					
Cajun Style					✓
Five Guys Style					✓
TOPPINGS					
A.1.® Sauce					
Bacon*					
Bar-B-Q Sauce					
Cheese*	✓				
Green Peppers					
Grilled Mushrooms					
Grilled Onions					
Hot Sauce					
Jalapeño Peppers					
Ketchup					
Lettuce					
Mayo		✓			
Mustard					
Onions					
Pickles					
Relish					
Tomatoes					
OTHER ITEMS					
Bulk Peanuts					✓
Malt Vinegar			✓		
Poutine Curds	✓		✓	✓	
Poutine Gravy	✓		✓	✓	
White Vinegar					

**FIVE GUYS®**  
**FOR USE IN CANADIAN LOCATIONS ONLY.**

Five Guys Enterprises makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys enterprises and their franchisees will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant. / \* additional charges may incur

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